

Rotation Schedule

Jan 23-25, 2026

Friday, January 23, 2026

Session: 02 -- USAG Xcel Gold

Stretch 6:35 PM

Timed WU 7:05 PM

Gymnasts: 80

March In 6:55 PM

Awards 9:40 PM

Flight: A - 40

Vault - 13

Level Up [XG] - 13

Bars - 9

Buckhead [XG] - 7

Beam - 9

Gainesville [XG] - 9

Floor - 9

Buckhead [XG] - 7

Elevation Gymnastics [XG] - 2

Thomasville Twisters [XG] - 2

Flight: B - 40

Vault - 7

Southern [XG] - 7

Bars - 10

Newnan [XG] - 10

Beam - 10

Jump Start Gym [XG] - 10

Floor - 13

Paulding [XG] - 13